

CERTIFICATE OF PARTICIPATION

This is to certify that

Richard Bewsey

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:49:36

PACE 08:24/km

OVERALL 73 of 149

GENDER 54 of 79

50 - 59 5 of 10

23 June 2019, Sun

Date



BoutTime

Signature

